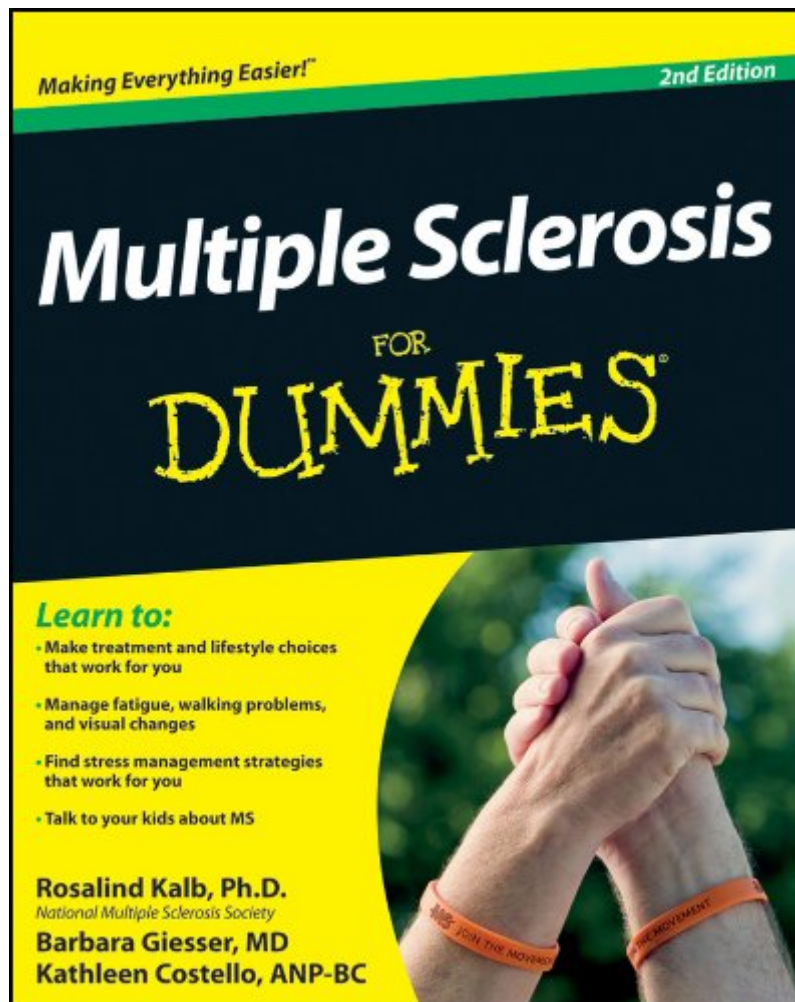


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# Multiple Sclerosis For Dummies



## Synopsis

Your trusted, compassionate guide to living with MS Being diagnosed with multiple sclerosis (MS) doesn't mean your life is over. Everyone's MS is different and no one can predict exactly what yours will be like. The fact is, lots of people live their lives with MS without making a full-time job of it. Multiple Sclerosis For Dummies gives you accessible, easy-to-understand information about what happens with MS—what kinds of symptoms it can cause, how it can affect your life at home and at work, what you can do to feel and function better, and how you can protect yourself and your family against the long-term unpredictability of the disease. You'll learn how to make treatment and lifestyle choices that work for you, what qualities to look for in a neurologist and the rest of your healthcare team, how to manage fatigue, the pros and cons of alternative medicine, why and how to talk to your kids about MS, stress management strategies, your rights under the Americans with Disabilities act, and so much more. Covers major medical breakthroughs that slow the progression of the disease and improve quality of life for those living with MS Helps those affected by MS and their family members understand the disease and the latest treatment options Helpful and trusted advice on coping with physical, mental, emotional, and financial aspects of MS Complete with listings of valuable resources such as other books, websites, and community agencies and organizations that you can tap for information or assistance, Multiple Sclerosis For Dummies gives you everything you need to make educated choices and comfortable decisions about living with MS.

## Book Information

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## **Customer Reviews**

I bought the updated version of this book because I bought the older version when I was originally diagnosed. I was looking for new information. I still pull out the book to look for answers for various things going on with my body. I often wonder if something going on is MS related or non MS related. The newer book does have new information. Since I bought the first one, there has been headway made in research and medicine development. Great book for the newly diagnosed, or even someone who's been diagnosed for a while.

It was kinda scary. I was diagnosed 3 months ago with MS. That was the 3rd For Dummies book I've read. I am 55 yrs old and still feel I have a lot of life to live. I may have MS but MS doesn't have me.

This book helped answer many of the questions we had about MS. I would highly recommend to anyone that has MS or a family member with MS.

a family member has the disease recently diagnosed.....all the scary stories you hear..well this is the "real deal" in explaining the disease and the different types ..a great reference! This is one book used by the MS Society.

Recently diagnosed with multiple sclerosis, my daughter was given a copy of Multiple Sclerosis For Dummies at the clinic. I purchased the book to learn more about the disease she is enduring and, the issues and, problems she is encountering in her every day life. As she lives in Alaska and, I live in Missouri this book has become a connection between us. I am extremely grateful to have the enormous wealth of information contained within and, I believe it will assist her in holding fast the confidence and, pride in herself she always maintained. The book is well written by professionals with advisement from experts in multiple related fields. It is all inclusive of the many facets of this unique accumulation of difficulties related to the disease, addressing each issue as a possibility and, sometimes a probability of what the holder is dealing with in each particular situation or case.

Both factual and, well connected throughout by reference to other related information within, the book is the helping hand all multiple sclerosis patients would benefit from. This is a must have.

A "must have" book for those who have the disease as well as caregivers, family and friends. A great look at the progression, types and challenges in an easy to read and reference format.

I bought this book for my son who has MS.He has had it for 10 years.He needed information on how the disease progresses.He told me this book is for someone who is newly diagnosed.He said it is OK but it was to basic for what he wanted.So for anyone who is newly diagnosed it is a very good book.

Very well written. Great book for those newly diagnosed and just as important for their family members. It's a very unpredictable disease. I purchased this for a family member who still doesn't understand why you can have changes from one day to the next. Even though I have been diagnosed over 20 years. I added that last info for those with any connection to MS. It's not a death sentence and you can to some extent affect your progression.

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